

# Office of Adult Services Mission Statement

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To serve vulnerable adults who have functional limitations due to a disability or advanced age, and their informal family caregivers, through a home and community-based service delivery system.

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This system protects vulnerable persons, promotes self-sufficiency and avoids or delays unnecessary institutional care or other out-of-home placements.

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## Local Department of Social Services Adult Service Programs

Allegany .....	301-784-7050
Anne Arundel .....	410-421-8400
Baltimore City .....	410-361-5000
Baltimore County .....	410-853-3000
Calvert .....	443-550-6969
Caroline .....	410-819-4500
Carroll .....	410-386-3434
Cecil .....	410-996-0100
Charles .....	301-392-6400
Dorchester .....	410-901-4100
Frederick .....	301-600-2635
Garrett .....	301-533-3000
Harford .....	410-836-4717
Howard .....	410-872-8823
Kent .....	410-810-7600
Montgomery .....	240-777-3000
Prince George's .....	301-909-2228
Queen Anne .....	410-758-8000
Somerset .....	410-677-4200
St. Mary's .....	240-895-7000
Talbot .....	410-770-4848
Washington .....	240-420-2155
Wicomico .....	410-713-3900
Worcester .....	410-677-6800



Maryland Department of Human Resources  
Social Services Administration

Larry Hogan, Governor

Boyd K. Rutherford, Lt. Governor

Sam Malhotra, Secretary

Rebecca Jones Gaston, Executive Director

# DHR Office of Adult Services

## Adult Services Programs

**Adult Protective Services (APS)  
And Public Guardianship**

**Social Services to Adults (SSTA)**

**In-Home Aide Services (IHAS)**

**Project Home**

**Respite Care**



## ADULT PROTECTIVE SERVICES (APS)

The purpose of this program is to investigate, prevent, and/or remedy concerns of abuse, neglect, self-neglect, and exploitation of adults who are unable to protect their own interests and are at risk of immediate harm.

### Adult Protective Services offers:

- Vulnerable adults protection from abuse, neglect and exploitation;
- The right to self-determination; including the right to refuse services.
- Linkage to the least restrictive available alternative in living situation and treatment;
- Assistance and guidance in having the provision of services, safety, and well being rest with the vulnerable adult, family, and the total professional community and service systems; not solely with the Local Department.

## WHO IS A VULNERABLE ADULT?

Someone who lacks the physical or mental capacity to provide for their own daily needs.



## SOCIAL SERVICES TO ADULTS (SSTA)

The Department of Human Resources core program of social work services is for adults 18 years old and older.

### The purpose of the program is to provide services to enable and assist adults to:

- Achieve or maintain self-sufficiency;
- Prevent or avoid abuse, neglect, or exploitation; prevent or reduce unnecessary or inappropriate institutionalization; and
- Secure necessary and appropriate institutional care services.

SSTA Program offers Case Management services that can assist with linkage to community resources, development of a service plan to reach agreed upon goals, monitoring of goal progress and face to face contact on a regular basis.

The program seeks to build, sustain and augment, rather than to replace the adult's family and community support systems.

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**IF YOU SUSPECT A VULNERABLE  
ADULT IS BEING ABUSED, NEGLECTED,  
OR EXPLOITED CONTACT THE  
APPROPRIATE LOCAL DEPARTMENT  
LISTED ON BACK OF THIS PAMPHLET**  
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**IF YOU ARE INTERESTED IN BECOMING A  
PROVIDER FOR PROJECT HOME CONTACT  
410-767-7422**

## IN HOME AIDE SERVICES (IHAS)

The purpose of the IHAS Program is to complement other social services programs by providing personal care and chore services to individuals with functional disabilities in the community to enable them to live independently in the least restrictive setting possible.

### Services offered include assistance with:

- bathing/hygiene, dressing
- light chores
- laundry
- light meal planning and preparation
- transferring

## PROJECT HOME

The Project Home Program provides supportive, family centered housing to meet a range of needs presented by adults living with a disability.

### The purpose of the program is to:

- Link adults living with a disability with families who want to help support their success while sharing their homes
- Provide case management services to residents in the program.

